

HEALING THE LEADER'S SOUL

"A DAY APART"

WEDNESDAY, OCTOBER 19, 2011 FROM 9:30AM-3:30PM

LED BY **M**MARGARET **B**ENEFIEL & **S**SUSIE **A**LLEN

Retreat Leaders:

Margaret Benefiel



Rev. Dr. Margaret Benefiel, Executive Officer of Executive Soul, offers consulting, coaching, and spiritual direction for leaders and organizations. She is also adjunct faculty at Andover Newton Theological School in Boston and visiting lecturer at All Hallows College in Dublin, Ireland. Dr. Benefiel is the author of *Soul At Work* (Seabury, 2005) and *The Soul of a Leader* (Crossroad, 2008), and co-editor of *The Soul of Supervision* (Morehouse, 2010). She is a member of Beacon Hill Friends Meeting in Boston and lives in Boston with her husband. She enjoys hiking, cycling, reading novels, and scuba diving in her free time.

Susie Allen



Rev. Susie Allen serves as part-time Associate Pastor at United Church of Christ, Boxborough, focusing on youth and family faith development and intergenerational worship. In addition to her ministry at UCCB, Susie is a spiritual director and founding member of the Kairos Spiritual Life Center in Worcester, MA, where she leads contemplative retreats and small groups. She is active in local community theatre, and sings with the a cappella group, Custom Blend. She has three grown children and resides in Boxborough with her husband, Roger.

In twenty-first century Western culture, leaders are rewarded for their drive, decisiveness, productivity, and long work hours. What happens to the leader's soul in the midst of this pressure? How can leaders take time apart for refreshment and healing of their souls?

This day will focus on the nurture and healing of leaders' hearts and souls, and then move to the healing of the souls of the organizations/congregations the leaders lead. In the heart of autumn, the day will include opportunities to soak in the beauty and pleasure of Rolling Ridge's 38 acres of woods and water.

This will be an experiential, interactive workshop, in which presentation will be interwoven with periods of reflection, and participants' own leadership experiences will serve as the basis for reflection and discernment.

Rolling Ridge

† Retreat and Conference Center

660 Great Pond Road, North Andover, MA 01845

REGISTER on line at www.rollingridge.org

or call our office at 978-682-8815

ALL MAJOR CREDIT CARDS ACCEPTED.

Email: thestaff@rollingridge.org

Early Registration: \$53 After 10/12/11: \$60

.5 CEU's available to Clergy for this day retreat

The Day Apart retreat series includes your gourmet lunch. We suggest an early arrival time of 9am for gathering, pastry, coffee & tea, prior to a 9:30 program start. Please let us know in advance should you have specific dietary needs, or desire to book a massage after your retreat.