

## ABOUT THE LEADERS



Margaret Benefiel, Ph.D., Executive Director of the Shalem Institute, has served as Chair of the Academy of Management's Management, Spirituality, and Religion Group. She also serves as Co-chair of the Christian Spirituality Group of the American Academy of Religion, and has held various leadership roles in Spiritual Directors International. Over 2,000 executives, managers, and other leaders have participated in her seminars and courses. Author of *Soul at Work* and *The Soul of a Leader*, and co-editor of *The Soul of Supervision*, Dr. Benefiel has also written for *The Leadership Quarterly*, *Management Communication Quarterly*, *Managerial Finance*, *Journal of Organizational Change Management*, *Organization*, *Personal Excellence*, *Psychology of Religion and Spirituality*, *America*, *Presence*, *The Way*, *Studies in Spirituality*, *Radical Grace*, and *Faith at Work*. She lives with her husband in Washington, D.C. and enjoys hiking, cycling, reading novels, and scuba diving in her free time.

Jan Gregory-Charpentier, D.Min., has been an ordained UCC pastor for over 25 years serving congregations of diverse sizes and settings. She brings a wealth of experience as an organizational leader as well as a workshop and retreat leader. She received her Doctor of Ministry Degree from Drew School of Theology with a concentration in Worship, Spirituality and Preaching. With a keen interest in the intersection in leadership and spirituality, Jan's doctoral thesis is titled, "Mother May I? Clergywomen's Experience of Mother and Ministry." Jan recently completed the Shalem Institute's program "Going Deeper: Clergy Spiritual Life and Leadership." She is a 2014 Soul of Leadership graduate and is honored and excited to share the riches of the program with others.



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## TESTIMONIALS

"Thank you so much for the gift of Soul of Leadership. What a fabulous experience. I use the listening and feedback tools you taught on a daily basis, which has also allowed me to be more thoughtful and less critical in challenging situations. Soul of Leadership is a gift that truly keeps on giving."

--Cindy Warwick, Regulatory Operations Associate, Lantheus Medical Imaging, Inc.

"I have found the Soul of Leadership to be an excellent venue for assessing and affirming acquired leadership style and abilities, and learning new leadership skills."

--Therese Taylor-Stinson, Author, and Co-Convener/ Organizer of the Spiritual Directors of Color Network

"I got strategic help in leadership that I could use right away."

-- Rebecca Mays, Director of Education at the Dialogue Institute, Temple University

## SOUL OF LEADERSHIP



An 18-month leadership program led by  
Margaret Benefiel, Ph.D.  
& Jan Gregory-Charpentier, D.Min.

October 2019-April 2021



Soul of Leadership is offered in partnership with  
the Shalem Institute for Spiritual Formation.

## ABOUT THE PROGRAM

The Soul of Leadership is an 18-month leadership empowerment program that guides participants on a journey of transformation as they learn to integrate leadership skills and contemplative practices into their lives. Participants are empowered to be more effective professionally as they experience inner renewal and clarity of vision.

## PROGRAM DESCRIPTION

Leaders today face difficult challenges that often leave them feeling depleted. Soul of Leadership is designed to restore and energize participants, helping them become more effective in their leadership situations. Through residencies and monthly at-home programming, both individually and in community, leaders will:

- Learn strategies to address leadership challenges
- Engage in contemplative practices
- Master skills to strengthen their organizations
- Increase personal well-being and wholeness



The program includes four residencies in the greater Boston area. Each residency features a different leadership-focused theme. At-home programming and activities include reading, reflection, spiritual companionship and community building.

## PROGRAM RESIDENCIES

### 21st-century Contemplative Leadership October 21-24, 2019

**Identify** decision-making structures and explore discernment practices  
**Practice** blending discernment and decision-making  
**Engage** leadership, organizational, and spirituality theories

### Preventing Burnout and Leading from Wellbeing May 4-7, 2020

**Discover** the value of self-reflection and renewal  
**Experience** contemplative practices  
**Recognize** the connection between time apart and effectiveness as a leader  
**Utilize** insights from leadership, psychology and spirituality theories

### Leading Effective Change and Decision-Making Oct 26-29, 2020

**Consider** how you adapt to change  
**Examine** continuity and change for the leader and organizations  
**Develop** practical tools to lead with wisdom and ease during times of transition  
**Learn** spirituality, management, and leadership theories related to change and decision-making

### Putting It All Together: Authentic and Effective Leadership April 5-8, 2021

**Create** “A Rule of Life” plan to integrate learnings into your leadership situation  
**Integrate** tools and teachings into day-to-day actions and practices going forward  
**Forge** an ongoing community to sustainably support you as a leader in the long term

## WHO SHOULD ATTEND?

Leaders, activists and educators:

\*who seek to balance work demands with professional integrity and spiritual well-being

\*from a diverse range of backgrounds, including but not limited to healthcare, businesses, nonprofits, government, education, religion, and other organizations

\*who are interested in and working towards peace and social justice, including but not limited to areas of human rights, public health, decolonization, environmental sustainability, ethical business & philanthropy

## TO APPLY FOR SOUL OF LEADERSHIP

<https://fs6.formsite.com/ExecutiveSoul/oct19/index.html>

## COST OF PROGRAM

\$8000 - corporate

\$5000 - non-profits or individuals

Scholarships are available for those who qualify.

Email [mabbott@executivesoul.com](mailto:mabbott@executivesoul.com) for more information.

Application deadline for scholarships is July 1, 2019.

## FOR MORE INFORMATION

Contact: Michelle Abbott  
[mabbott@executivesoul.com](mailto:mabbott@executivesoul.com)

857-389-2225

[www.shalem.org](http://www.shalem.org)

