

## About the Leaders

## Testimonials for The Soul of Leadership



**Executive Soul**

## The Soul of Leadership



**Margaret Benefiel, Ph.D.,** Margaret Benefiel, Ph.D., Executive Officer of Executive Soul, LLC, offers consulting, coaching, and spiritual direction for leaders and organizations. She is also an adjunct faculty member at Andover Newton Theological

School in Boston and a visiting lecturer at All Hallows College in Dublin, Ireland. Dr. Benefiel has served as Chair of the Academy of Management's Management, Spirituality, and Religion Group and has also served in various leadership roles in Spiritual Directors International. Over 1,000 executives, managers, and other leaders have participated in her seminars and courses. She is the author of *Soul at Work* and *The Soul of a Leader* and co-editor of *The Soul of Supervision*.



**Rev. Susie Allen** is a spiritual director and has been leading small groups and retreats for 13 years. She received her Master of Divinity from Andover Newton Theological School, and participated in leadership training programs at Shalem Institute for Spiritual Formation. For over six

years, Rev. Allen served as Associate Pastor at the Boxborough United Church of Christ. She is a member of the Boxborough Well-Being Committee, which strives to improve the health and welfare of town residents through collaboration, communication and connection.

“The support network is wonderful- my 'sisters' in clearness committee are deeply soulful companions in this journey. The focus on heart integration with leadership challenges is a unique aspect.”

--Pat Franklin, M.D., Professor and Director  
*Orthopedic Research, University of Massachusetts Medical School*

“I got strategic help in leadership that I could use right away.”

-- Rebecca Mays, Executive Director, Dialogue  
*Institute, Temple University*

“I have found the Soul of Leadership to be an excellent venue for assessing and affirming acquired leadership style and abilities, and learning new leadership skills.”

--Therese Taylor-Stinson, Author, and Co-  
*Convener/ Organizer of the Spiritual Directors of Color Network*

“As a solo pastor, it's easy to lose my way as a leader. The connection with such mature professional colleagues provided me with the perspective, support, and learning I needed to be an effective leader.”

-- Judy Proctor, Pastor, United Church of  
*Christ*



An 18-month program led by  
**Dr. Margaret Benefiel &  
Rev. Susie Allen**

October 2014 - April 2016

## The Soul of Leadership

The Soul of Leadership empowers leaders to realize greater professional efficacy while experiencing inner renewal and clarity of vision. Designed for leaders from various sectors (businesses, non-profits, churches, etc.), this 18-month program guides participants on a journey of transformation as they integrate leadership skills and contemplative practices into their lives.

### Program Description

We recognize that modern leaders face difficult challenges. The commitment to inspire others while also increasing productivity and balancing the needs of the organization can leave leaders feeling depleted. Long hours and countless demands often result in a deep need for renewal.

The Soul of Leadership program offers this restoration and revitalization to leaders, helping them become more effective in their vocations. Through individual and communal activities, participants engage in a variety of contemplative practices, while learning strategies to address some of their most pressing leadership challenges. During this transformative program, leaders attain increased well-being and wholeness and master skills to strengthen their organizations.

The Soul of Leadership includes four residencies in the greater Boston area, supplemented by reading, reflection, and spiritual companionship. Each residency week will feature a different leadership focus.

## The Soul of Leadership: Contemplative Leadership for the 21st Century (October 6-9, 2014)

The first residency considers the structures and processes of twenty-first-century decision-making (both individual and corporate) and explores how discernment practices can be integrated into decision-making. Insights from the fields of spirituality, management, and leadership studies will be combined to examine decision-making and discernment in various settings.

## The 7 R's of Sanctuary (April 13-16, 2015)

The second residency focuses on how leadership efficacy is enhanced as leaders intentionally take time apart from their leadership context to engage in contemplative practices. This residency will share learning gained from leadership, theology, and spirituality studies as a means to teach participants a spiritually connected and grounded way of leadership.

## Contemplative Leadership for Change (October 5-8, 2015)

The third residency will help participants consider how they adapt to change. Through an experiential, interactive process, participants will examine continuity and change in their own lives and in the lives of groups they lead, and learn how to identify and overcome blocks that prevent them from achieving their goals.

## Putting it All Together (April 4-7, 2016)

The final residency will help participants develop a "Rule of Life" plan that allows them to fully integrate their learning and experiences into their leadership contexts.

## To Apply for The Soul of Leadership Program go to:

[www.executivesoul.com/the-soul-of-leadership-program](http://www.executivesoul.com/the-soul-of-leadership-program)

The cost of the program, for the full 18 months, is  
\$8,000 - corporate  
\$4,000 - non-profit or individual  
(including housing and meals during the residencies).

Financial aid is available for those who need assistance.

For more information, please contact us at  
[mabbott@executivesoul.com](mailto:mabbott@executivesoul.com)  
857-389-2225  
or visit our website:  
[www.ExecutiveSoul.com](http://www.ExecutiveSoul.com)