

About the Leaders



Rev. Susie Allen is a spiritual director and has been leading small groups and retreats for 15 years. She received her Master of Divinity from Andover Newton Theological School, and participated in leadership training programs at Shalem Institute for Spiritual Formation. For over 6 years, Rev. Allen served as Associate Pastor at

the Boxborough United Church of Christ. She offers spiritual direction and soul care programs for people affected by cancer at The Virginia Thurston Healing Garden in Harvard, MA.



Margaret Benefiel, Ph.D., Executive Director of the Shalem Institute, has served as Chair of the Academy of Management's Management, Spirituality, and Religion Group. She also serves as Co-chair of the Christian Spirituality Group of the American Academy of Religion, and has held various leadership roles in Spiritual

Directors International. Over 1,000 executives, managers, and other leaders have participated in her seminars and courses. She is the author of *Soul at Work* and *The Soul of a Leader* and co-editor of *The Soul of Supervision*.



Rev. Judy Proctor is an ordained minister in the United Church of Christ, currently serving a local church. With over 20 years of experience in small group ministry and training leaders, her work emphasizes contemplative practices that guide leadership. Judy is a retreat leader, coach and spiritual director. She holds a Master of Divinity from Andover

Newton Theological School and a Juris Doctor Degree from George Washington University. She has completed a wide variety of professional training programs focused on contemplative leadership and the spiritual nature of organizations, including the "Leading Contemplative Prayer Groups and Retreats" program at Shalem Institute for Spiritual Formation.

Testimonials for The Soul of Leadership

"The support network is wonderful- my 'sisters' in clearness committee are deeply soulful companions in this journey. The focus on heart integration with leadership challenges is a unique aspect."

--Pat Franklin, M.D., Professor and Director
Orthopedic Research, University of Massachusetts Medical School

"I got strategic help in leadership that I could use right away."

-- Rebecca Mays, Executive Director, Dialogue
Institute, Temple University

"I have found the Soul of Leadership to be an excellent venue for assessing and affirming acquired leadership style and abilities, and learning new leadership skills."

--Therese Taylor-Stinson, Author, and
Co-Convener/ Organizer of the Spiritual Directors of Color Network

"Thank you so much for the gift of Soul of Leadership. What a fabulous experience. I use the listening and feedback tools you taught on a daily basis, which has also allowed me to be more thoughtful and less critical in challenging situations. Soul of Leadership is a gift that truly keeps on giving."

--Cindy Warwick, Regulatory Operations
Associate, Lantheus Medical Imaging, Inc.

The Soul of Leadership



An 18-month program led by
Rev. Susie Allen,
Dr. Margaret Benefiel & Rev. Judy Proctor

October 2016 - April 2018



SHALEM
INSTITUTE FOR SPIRITUAL FORMATION

Soul of Leadership is offered in partnership with the
Shalem Institute for Spiritual Formation.

SOUL OF LEADERSHIP

The Soul of Leadership is an 18-month program that guides participants on a journey of transformation as they learn to integrate leadership skills and contemplative practices into their lives. Leaders are empowered to be more effective professionally as they experience inner renewal and clarity of vision.

Program Description

Leaders today face difficult challenges that often leave them feeling depleted. Soul of Leadership is designed to restore and energize participants, helping them become more effective in their leadership situations. Through residencies and at-home activities, both individually and in community, leaders will:

- learn strategies to address leadership challenges
- engage in contemplative practices
- master skills to strengthen their organizations
- increase personal well-being and wholeness



The program includes four residencies in the greater Boston area. Each residency features a different leadership focus. At-home activities include reading, reflection, spiritual companionship and community.

SOUL OF LEADERSHIP RESIDENCIES

21st-century Contemplative Leadership

October 17 - 20, 2016

Identify decision-making structures
Explore discernment practices
Practice blending discernment and decision-making
Learn spirituality, management, and leadership theories

The 7 R's of Sanctuary

April 24 - 27, 2017

Discover the value of time apart
Experience contemplative practices
Recognize the connection between time apart and effectiveness as a leader
Use insights from leadership, theology, and spirituality theories

Leading Effective Change

October 16 - 19, 2017

Consider how you adapt to change
Examine continuity and change for the leader and organizations
Learn to overcome blocks that free leaders to achieve their goals
Engage leadership, organizational, and spirituality theories

Putting It All Together

April 23 - 26, 2018

Develop "A Rule of Life" plan to integrate learning and experiences into your leadership situation

WHO SHOULD ATTEND?

Leaders from a diverse range of backgrounds, including businesses, nonprofits, government, education, religion, and other organizations, **who seek to balance work demands with professional integrity and spiritual well-being.**

TO APPLY FOR

SOUL OF LEADERSHIP

<https://fs6.formsite.com/ExecutiveSoul/form10/index.html>

COST OF PROGRAM

\$8,000 - corporate

\$5,000 - non-profits or individuals

Financial aid is available for those who need assistance.

FOR MORE INFORMATION

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www.Shalem.org

