

About the Leaders



Rev. Susie Allen is a spiritual director and has been leading small groups and retreats for 16 years. She has been consulting with organizations, and coaching leaders since 2011, bringing together a synthesis of contemplative practices and leadership theory. She received her Master of Divinity from Andover Newton

Theological School, and participated in leadership training programs at Shalem Institute. She offers spiritual direction and soul care programs for people affected by cancer at The Virginia Thurston Healing Garden in Harvard, MA. She has three grown children and resides in Maynard, MA, with her husband, Roger.



Margaret Benefiel, Ph.D., Executive Director of the Shalem Institute, has served as Chair of the Academy of Management's Management, Spirituality, and Religion Group. She also serves as Co-chair of the Christian Spirituality Group of the American Academy of Religion, and has held various leadership roles in Spiritual

Directors International. Over 2,000 executives, managers, and other leaders have participated in her seminars and courses. She is the author of *Soul at Work* and *The Soul of a Leader* and co-editor of *The Soul of Supervision*.



Patricia Franklin, MD is a physician with 30 years of experience leading quality and outcomes programs in health systems. After 15 years leading hospital quality programs, she transitioned to research and established a federally funded, national network to monitor and improve patient-centered outcomes in surgical care. She has

longtime centering prayer and contemplative practices and is a past participant of the Soul of Leadership. She is the mother of three grown children and recently became a grandmother.

Testimonials

“I got strategic help in leadership that I could use right away.”

-- *Rebecca Mays, Executive Director, Dialogue Institute, Temple University*

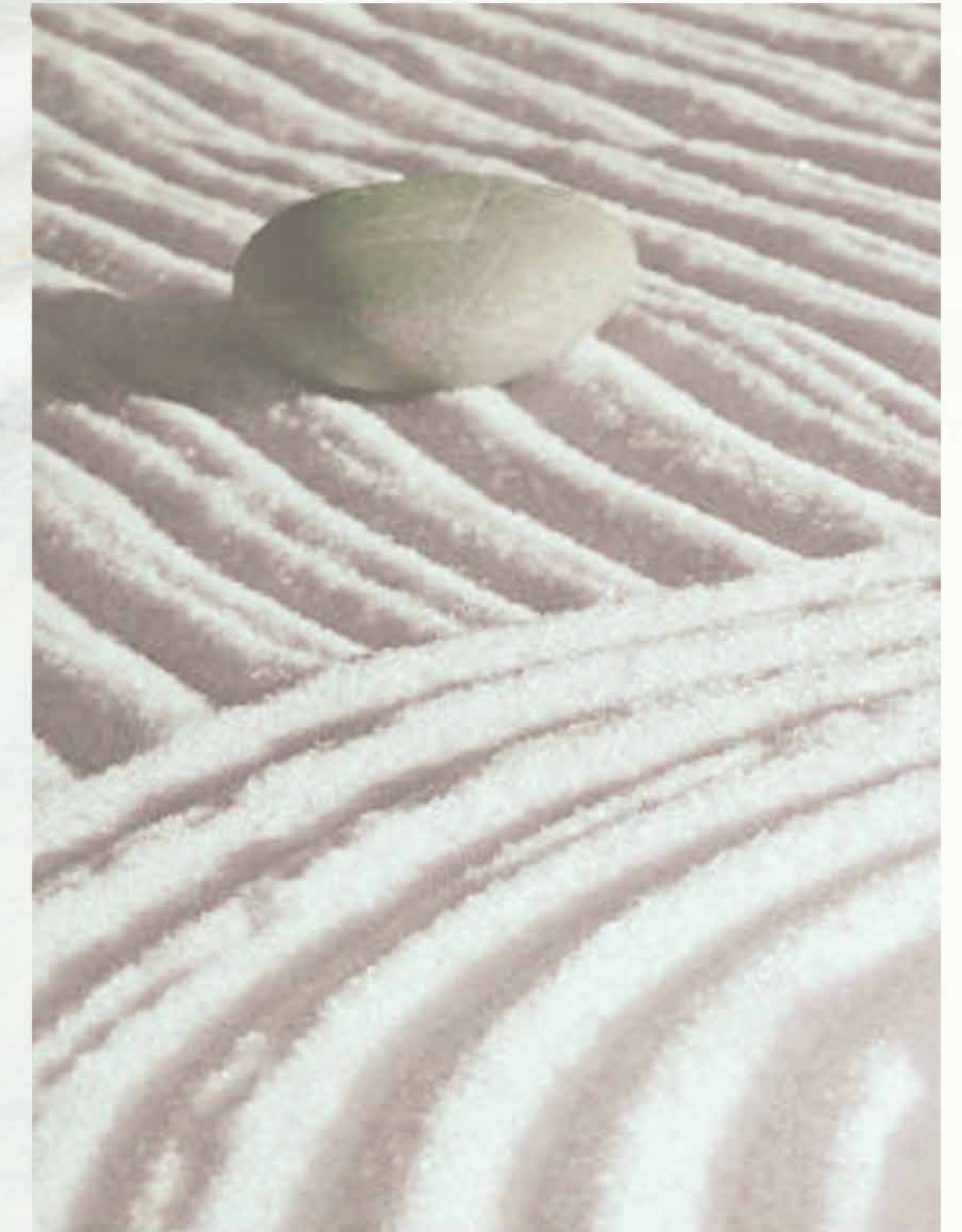
“I have found the Soul of Leadership to be an excellent venue for assessing and affirming acquired leadership style and abilities, and learning new leadership skills.”

--*Therese Taylor-Stinson, Author, and Co-Convener/ Organizer of the Spiritual Directors of Color Network*

“Thank you so much for the gift of Soul of Leadership. What a fabulous experience. I use the listening and feedback tools you taught on a daily basis, which has also allowed me to be more thoughtful and less critical in challenging situations. Soul of Leadership is a gift that truly keeps on giving.”

--*Cindy Warwick, Regulatory Operations Associate, Lantheus Medical Imaging, Inc.*

The Soul of Leadership



An 18-month program led by
Rev. Susie Allen,
Dr. Margaret Benefiel & Pat Franklin, MD

November 2017 – April 2019



SHALEM
INSTITUTE FOR SPIRITUAL FORMATION

Soul of Leadership is offered in partnership with the Shalem Institute for Spiritual Formation.

SOUL OF LEADERSHIP

The Soul of Leadership is an 18-month program that guides participants on a journey of transformation as they learn to integrate leadership skills and contemplative practices into their lives. Leaders are empowered to be more effective professionally as they experience inner renewal and clarity of vision.

Program Description

Leaders today face difficult challenges that often leave them feeling depleted. Soul of Leadership is designed to restore and energize participants, helping them become more effective in their leadership situations. Through residencies and at-home activities, both individually and in community, leaders will:

- learn strategies to address leadership challenges
- engage in contemplative practices
- master skills to strengthen their organizations
- increase personal well-being and wholeness



The program includes four residencies in the greater Boston area. Each residency features a different leadership focus. At-home activities include reading, reflection, spiritual companionship and community.

SOUL OF LEADERSHIP RESIDENCIES

21st-century Contemplative Leadership

November 6-9, 2017

Identify decision-making structures
Explore discernment practices
Practice blending discernment and decision-making
Learn spirituality, management, and leadership theories

The 7 R's of Sanctuary

April 2-5, 2018

Discover the value of time apart
Experience contemplative practices
Recognize the connection between time apart and effectiveness as a leader
Use insights from leadership, theology, and spirituality theories

Leading Effective Change

Oct 8-11, 2018

Consider how you adapt to change
Examine continuity and change for the leader and organizations
Learn to overcome blocks that free leaders to achieve their goals
Engage leadership, organizational, and spirituality theories

Putting It All Together

April 1-4, 2019

Develop "A Rule of Life" plan to integrate learning and experiences into your leadership situation

WHO SHOULD ATTEND?

Leaders from a diverse range of backgrounds, including healthcare, businesses, nonprofits, government, education, religion, and other organizations, **who seek to balance work demands with professional integrity and spiritual well-being.**

TO APPLY FOR SOUL OF LEADERSHIP

<https://fs6.formsite.com/ExecutiveSoul/form12/index.html>

COST OF PROGRAM

\$8,000 - corporate

\$5000 – non-profits or individuals

Financial aid is available

for those who need assistance.

Application deadline for financial aid is July 15, 2017.

FOR MORE INFORMATION

mabbott@executivesoul.com

857-389-2225

www.Shalem.org



SHALEM
INSTITUTE FOR SPIRITUAL FORMATION