

The Soul of Leadership "Mini" Programs

The Soul of Leadership "mini" programs are designed to provide participants with an opportunity to "taste and see" the learning and opportunities for transformation that Margaret Benefiel and Susie Allen offer in their longer programs.

The Soul of Leadership "Mini": Leading from Within

In twenty-first century Western culture, leaders are rewarded for their drive, decisiveness, productivity, and long work hours. What would it look like for a leader to cultivate the inner life, to step off the treadmill, to take time apart for personal reflection? What would leadership arising from a core of spiritual groundedness and compassion look like?

The Soul of Leadership "Mini": Transforming the Organization's Soul

Organizations, like individuals, have souls that require tending. This program will combine insights from the field of spirituality and spiritual formation with insights from management and organizational studies to address such questions as: What do spiritual health and spiritual growth look like in organizations? Does organizational spiritual development parallel individual spiritual development? How can spiritual health and spiritual growth be facilitated in an organization? How do organizational spiritual growth and concern for social justice interrelate? How does the spirituality of an organization get named, nurtured, and sustained over time?

To Apply:

To apply, go to:

<http://fs6.formsite.com/ExecutiveSoul/form1/index.html>

Or complete and mail in this form
to have a paper application mailed to you:

Full name: _____

Street address: _____

City: _____

State and zipcode: _____

Executive Soul
68 Bailey Street
Dorchester, MA 02124

(857)-389-2225

Application deadlines:

"Leading from Within": 9/1/2013

"Transforming the Organization's Soul": 1/10/2014

The cost of attending one 10-week program is

\$1500 - corporate

\$750 - non-profit or individual

The cost of attending both programs is:

\$2900 - corporate

\$1400 - non-profit or individual

A limited amount of financial aid is available
for those who need assistance.

To learn about other events and opportunities
to work with Dr. Benefiel and Rev. Allen,
please visit our website: www.ExecutiveSoul.com

For more information, contact MAbbott@executivesoul.com

The Soul of Leadership "Mini" Programs



Two 10-week programs

Led by

Dr. Margaret Benefiel

and

Rev. Susie Allen

September-December, 2013
February-April, 2014

About the Leaders



Margaret Benefiel, Ph.D., is adjunct faculty at Andover Newton Theological School in Boston and a visiting lecturer at All Hallows College in Dublin, Ireland. For the 2003-2004 academic year, she held the O'Donnell Chair of

Spirituality at the Milltown Institute in Dublin. Executive Officer of Executive Soul, Dr. Benefiel has also served as Chair of the Academy of Management's Management, Spirituality, and Religion Group. Over 1,000 executives, managers, and other leaders have participated in her seminars and courses. She is the author of *Soul At Work* and *The Soul of a Leader* and the co-editor of *The Soul of Supervision*.



Rev. Susie Allen is a spiritual director, organizational and leadership consultant, and founding member of the Kairos Spiritual Life Center in Worcester, MA, where she has been leading programs and retreats since 2006. For over 6

years, she served as Associate Pastor at the Boxborough United Church of Christ, focusing on youth and family faith formation. Rev. Allen is a member of the Boxborough Well-Being Committee, which acts as a resource for organizations and programs that support healthy living. She offers spiritual direction to people affected by cancer at the Virginia Thurston Healing Garden in Harvard, MA. Rev. Allen serves on the Program Committee at Rolling Ridge Retreat and Conference Center.

The Soul of Leadership "Mini": Leading from Within

September 27 - December 6, 2013

In this 10-week program, participants will:

- 1) Identify the times they have led with soul and learn how to do so more consistently.
- 2) Reflect on their own leadership experiences in light of the readings.
- 3) Learn to practice discernment in difficult leadership challenges.
- 4) Reflect on their own spiritual awareness and resources in relation to their particular leadership situations.
- 5) Learn to apply several leadership approaches and discern which is best for their own style and situation.
- 6) Learn to break the cycle of destructive communication through nonviolent communication practices.

We will meet in person twice - September 27 and December 6 (these will be day-long gatherings at a retreat center in the greater Boston area). In between, there will be three in-person small group meetings, and online community.

The Soul of Leadership "Mini": Transforming the Organization's Soul

February 7 - April 22, 2014

In this 10-week program, participants will:

- 1) Assess their organization's challenges in light of its deepest values.
- 2) Learn to access and nurture their organization's soul.
- 3) Learn to apply theories of development and change to their organizations.
- 4) Reflect on their own theories of organizational spiritual health and growth.
- 5) Reflect on their own spiritual awareness and resources in relation to their particular organizational challenges.
- 6) Experiment with practicing and teaching organizational spiritual development.

We will meet in person twice - February 7 and April 22 (two day-long meetings at a retreat center in the greater Boston area). In between, there will be three in-person small group meetings, and online community.