



# START THE YEAR

Looking back, looking forward.

A contemplative workshop offering you space and time to consider the year ahead, as well as to review the year that has passed.

Friday 12th January  
10am-5pm

Price  
£56

Venue: NCVO (Room 5),  
Regent's Wharf, 8 All Saints Street,  
London, N1 9RL.  
Nearest tube station, Kings Cross.

To secure your place, please email Margie Buchanan-Smith or Margaret Benefiel as soon as possible. They will confirm the payment arrangements.

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