

FCC Women's Breakfast Series presents

A Woman's Heart Speaks



"Above all else, guard your heart, for everything you do flows from it"

Proverbs 4:23

What better time of the year to stop, take a deep breath and just focus on restoring your heart center. Taking the time to be open to spirit and experience heart intelligence, inner guidance, inner peace and wellbeing.

Please join us for a morning of spiritual, heart-inspired discussion and nourishing food in the company of awe-inspiring women.

Our guest speaker is Reverend Susie Allen, who will lead us on an exploration that gets to the heart of the matter.



The Rev. Susie Allen is a spiritual director, organizational and leadership consultant, and retreat leader. As spiritual director, Susie offers on opportunity for individuals to meet one-on-one to explore the story of their life's longings and experiences in a spiritual context. Rev. Allen co-leads the Soul of Leadership Programs through the organization, Executive Soul. Both the 10-week and the 18-month program guide and support leaders from businesses, non-profits, churches, health care, etc., on a journey of transformation as they integrate leadership skills and contemplative practices into their lives. She offers spiritual direction and soul care programs for people affected by cancer at The Virginia Thurston Healing Garden in Harvard, MA. Rev. Allen serves on the Program Committee at Rolling Ridge Retreat Center in North Andover, MA.

Saturday, February 13, 2016*
First Church of Christ, Unitarian

725 Main Street

Lancaster, MA 01523

9 - 11 a.m.

\$15.00

Checks, payable to FCC, accepted

Advance registration requested

For more information or to register, please contact

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978.660.6968

Registration deadline is February 6, 2016

Snow date: Saturday, February 27th