

Immunity to Change



Description: Have you ever tried to break a habit and found it more difficult than you expected? Have you ever been part of an organizational change effort at your workplace that didn't work out as planned? If you answered "yes" to either of these questions, this workshop is for you.

Based on the book with the same title by Robert Kegan and Lisa Lahey, this workshop helps you reflect on your own "immunity to change." Through an experiential, interactive process, participants will identify goals they would like to achieve, uncover their own "immune" systems, and discover how to break the grip of their immunity to change.

Presenters: Margaret Benefiel and Debora Jackson.

For information about workshop presenters please visit Executive Soul's website:
http://www.executivesoul.com/5_about_us.html

Date: November 13, 9:00 AM – 5:00 PM.

Location: Sheraton Boston.
39 Dalton Street
Boston, MA 02199

Registration Information: To RSVP, please reply "yes" to the event invitation from Executive Soul on Facebook. Cost of workshop is \$20 and will be collected at registration on the day of the workshop. Payment will be accepted in the form of cash or personal check.

Questions: Please feel free to contact Margaret Benefiel with any questions:
Email: mbenefiel@executivesoul.com