

An Croí



Immunity to Change

Have you ever tried to break a habit and found it more difficult than you expected? Have you ever been part of an organizational change effort at your workplace that didn't work out as planned? If you answered "yes" to either of these questions, this workshop is for you.

Based on the book by the same title by Robert Kegan and Lisa Lahey, this workshop helps you reflect on your own "immunity to change." Through an experiential, interactive process, participants will identify goals they would like to achieve, uncover their own "immune" systems, and discover how to break the grip of their immunity to change.

Presenter: Margaret Benefiel, Ph.D.

CEO of ExecutiveSoul.com, Dr. Benefiel also has served as Chair of the Academy of Management's Management, Spirituality, and Religion Group. Over 500 executives, managers, and other leaders have participated in her seminars and courses.

She is the author of *Soul At Work: Spiritual Leadership in Organizations* (Seabury Books, 2005) and *The Soul of a Leader: Finding Your Path to Success and Fulfillment* (Crossroad, 2008), and has also written for *The Leadership Quarterly*, *Management Communication Quarterly*, *Managerial Finance*, *Journal of Organizational Change Management*, *Organization*, *Personal Excellence*.

September 28th, 2010 ~ 10 AM - 4 PM

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