

Healthy Living Center

777 W. State St. Building 2
Columbus, OH 43222



The Soul of Leadership

In our culture, leaders are often rewarded for their drive, decisiveness, productivity, and long work hours. What would it look like step off the treadmill and take intentional time for personal and spiritual reflection?

Join us for an experiential, two day interactive workshop interwoven with periods of quiet and thoughtful reflection. Participants' own leadership experiences will serve as the basis for reflection and discernment.

TWO DAY INTERACTIVE WORKSHOP

Cost: \$100 for two days (Scholarships & Sliding Fee available)

**Friday, December 9th &
Saturday, December 10th**
9:00am – 4:00pm
(Lunch Provided)

**Mount Carmel West
Healthy Living Center**
777 West State St. Bldg 2. Room 126
Columbus, OH 43222

Presenters:

Margaret Benefiel, Ph.D.
&
Eliza Ramos, MSW, MPH

TO REGISTER, PLEASE RSVP:

Maria Ramos - 614-234-4356
Maria.ramos@mchs.com

Ami Peacock- 614-234-4360 |
Ami.peacock@mchs.com

PRESENTER BIOS

Margaret Benefiel became Shalem's executive director in July 2015. Prior to coming to Shalem, she ran her own consulting, speaking, training, and coaching business, Executive Soul, helping leaders and organizations nurture their souls and express their deepest values institutionally. At the same time, she taught as adjunct faculty at Andover Newton Theological School in the area of contemplative leadership. Margaret is a Quaker and holds a B.A. in History from Princeton University, an M.A. in Mathematics from Portland State University, an M.A. in Theology from Earlham School of Religion, and a PhD in Spirituality from Catholic University of America. She has written extensively on various aspects of contemplative leadership and spirituality at work, including *The Soul of Supervision*; *The Soul of a Leader: Finding Your Path to Fulfillment and Success*; and *Soul at Work: Spiritual Leadership in Organizations*. For more information about Shalem, visit shalem.org.

Eliza Ramos is an organizational development and leadership consultant, specializing in the field of global health and social justice. She is from Beaverton, Oregon and currently resides in Oakland, California. She has worked as a counselor and facilitator with the New York Presbyterian Hospital and provided strategic and programmatic support to the United Nations in New York and India on global well-being and health programs. Additionally, she has served as a leadership and organizational development consultant to various governmental and non-governmental organizations in the United States, Mexico, Guatemala, Belize, Rwanda, Uganda, Tanzania, and Kenya. Her passion lies in supporting leaders and organizations to creative positive social change. She holds an MPH from Harvard University and an MSW from Columbia University.

This workshop will give a taste of the longer (18-month) Soul of Leadership program offered in Tennessee, which begins with a 4-day residency in March. There will be an opportunity at this workshop to learn more about the longer program. For more information about this opportunity visit: <http://www.stmaryssewanee.org/about/events/2017/03/27/the-soul-of-leadership>.

TENTATIVE SCHEDULE

December 9, 2016

- 9:00** Opening reflection, introductions
- 9:30** Leading with soul
- 10:00** Guided meditations
- 11:00** Clearness committees
- 12:30** LUNCH
- Reflection time -- journaling, art*
- 2:30** Small group sharing
- 3:30** Leadership without easy answers
- 4:00** Reflections on day and closing

December 10, 2016

- 9:00** Opening reflection
- 9:30** Immunity to change
- 10:00** Immunity to change process
- 12:30** LUNCH
- Reflection time -- journaling, art*
- 2:30** Small group sharing
- 3:30** What do you take home from this workshop?
- 4:00** Closing