

SOUL OF LEADERSHIP

Taste and See

“A DAY APART” ROLLING RIDGE PROGRAM

Friday, May 24, 2013

9:00am-3:30pm

WITH RETREAT LEADERS: MARGARET BENEFIEL & SUSIE ALLEN

In twenty-first century Western culture, leaders are rewarded for their drive, decisiveness, productivity, and long work hours. What would it look like for a leader to cultivate the inner life, to step off the treadmill, to take time apart for personal reflection? What would leadership arising from a core of spiritual groundedness and compassion look like?

In this day apart, participants will:

- identify the times they have led with soul and learn how to do so more consistently.
- develop the practice of saying yes and saying no through strategies for balance and decision-making.
- experience rest for the weary through a labyrinth walk, art offerings, and time in nature.

This day apart will provide participants with an opportunity to “taste and see” the learning and opportunities for transformation that Margaret Benefiel and Susie Allen offer in their longer programs.

Rolling Ridge

Retreat and Conference Center

660 Great Pond Road
North Andover, MA 01845

REGISTER ON LINE AT
WWW.ROLLINGRIDGE.ORG

or call our office at 978-682-8815

Email: thestaff@rollingridge.org

Early Registration: \$75*

After 5/17/13: \$87

*financial aid is available for this program, please call.

Margaret Benefiel, Ph.D., is adjunct faculty at Andover Newton Theological School in Boston and a visiting lecturer at All Hallows College in Dublin, Ireland. For the 2003-2004 academic year, she held the O'Donnell Chair of Spirituality at the Milltown Institute in Dublin. Executive Officer of Executive Soul, Dr. Benefiel has also served as Chair of the Academy of Management's Management, Spirituality, and Religion Group. Over 1,000 executives, managers, and other leaders have participated in her seminars and courses. She is the author of *Soul At Work* and *The Soul of a Leader* and the co-editor of *The Soul of Supervision*.

Rev. Susie Allen is a spiritual director, organizational and leadership consultant, and founding member of the Kairos Spiritual Life Center in Worcester, MA, where she has been leading programs and retreats since 2006. For over 6 years, she served as Associate Pastor at the Boxborough United Church of Christ, focusing on youth and family faith formation. Susie is a member of the Boxborough Well-Being Committee, which acts as a resource for organizations and programs that support healthy living. She offers spiritual direction to people affected by cancer at the Virginia Thurston Healing Garden in Harvard, MA. Susie serves on the Program Committee at Rolling Ridge Retreat and Conference Center.

The Day Apart retreat series includes your lunch. We suggest an early arrival time of 8:30am for gathering, pastry, coffee & tea, prior to a 9:00 program start. Please let us know in advance should you have specific dietary needs, or desire to book a massage after your retreat.